

Instructions 4 days ARDF 2018

Event center: Mariánské Lázně, domov mládeže Zlatý zámek, Klíčová č. 167/4

Transportation and parking:

By train or bus to Mariánské Lázně (Marienbad), in the city by trolleybus to the city center.
By car to Mariánské Lázně, parking at Zlatý zámek on assigned areas, according to the organisers instructions. Parking area in Velká Hled'sebe is in front of enter to area of former barracks (for participants who are accomodated in the gym).

Accomodation:

Domov mládeže Zlatý zámek – 2-4 bed rooms, shared sanitary facilities in corridors.
Check in is possible on Thursday, July 5th 2018, after relay – you can pick up the room key in reception according to the guest list, your IDs are necessary. Before check out please take off bed linen and leave in the room.

The Gym – former barracks Velká Hled'sebe

Check in is possible on Thursday July 5th 2018 (after relay).

Meal:

School canteen of Zlatý zámek (half board) – meal starts by dinner July 5th 2018 and ends by lunch July 8th 2018.

Transportation to start area and from finish area:

Relays – your own cars at the relay assembly point; other competitions by walking, and July 7th 2018 (Saturday) by organisers bus.

Mobile toilet is available in all start areas.

Maps:

All used maps are in map key ISOM 2000. All preprinted drawings in maps are violet.

Officials

| | |
|----------------|--|
| Delegate | : Jakub Oma R1 |
| Chief referee | : Jiří Vlach R1 |
| Event director | : Miroslav Vlach Sr. R1 |
| Tracks | : Miroslav Vlach Jr. R1, Jiří Vlach R1, Jan Michalec Miroslav Vlach Sr., Vlasta Vlachová R1 |
| Track chief | : Jiří Vlach R1 |
| Start chief | : Vlasta Vlachová R1 |
| Finish chief | : Miroslav Vlach Jr. R1 |
| Jury of event | : |
| Contact | : Miroslav Vlach Sr. : +420775192838, +420608741828 |

Responsibility:

Competitors start at their own risk and they declare their health fitness by their registration.
The organiser is not liable for damages caused by competitors during the race to third persons health or property. Members of AROB ČR have accident insurance by the ČOV/ČUS during the competition.

Relay Czech Republic ARDF Championship (3,5 MHz band) – Thursday July 5th 2018

Assembly point : Millhouse – forrest edge (access only by parking lot of outdoor swimming pool LIDO)

GPS: 49.9416783N, 12.6977550E

Parking :

parking lot of LIDO (M.Lázně – Hamrníky), subsequently cca 900 m along ribbons

GPS: 49.9454067N, 12.6887000E

Schedule:

| | |
|---------------|---|
| 12.30 – 13.30 | registration at the relay assembly point |
| 13.30 – 13.50 | relay training |
| 13.50 – 14.10 | receivers submitting, displacement of competitors to the quarantine |
| 14.30 | start 00 |
| 16.00 – 21.00 | accomodation Domov mládeže (departure to ML after end of relay) |
| 17.30 – 18.30 | dinner |
| 19.00 – 21.00 | registration for the rest of competitions |
| 20.00 – 21.30 | 3,5 and 144 MHz training |

Map Prachárna, format A4, M 1:5,000, state 6/2018, waterproof

Registering device SportIdent

Transmitter cycle 12 sec (S a MO [beacon] constantly)

Frequencies

TX 1-5 : 3.52 MHz

S : 3.55 MHz

TX R1-R5 : 3.58 MHz

MO : 3.60 MHz

Limit : 90 min (complete relay)

Start : mass for category

Categories : 00 = D14 + D35

05 = M19

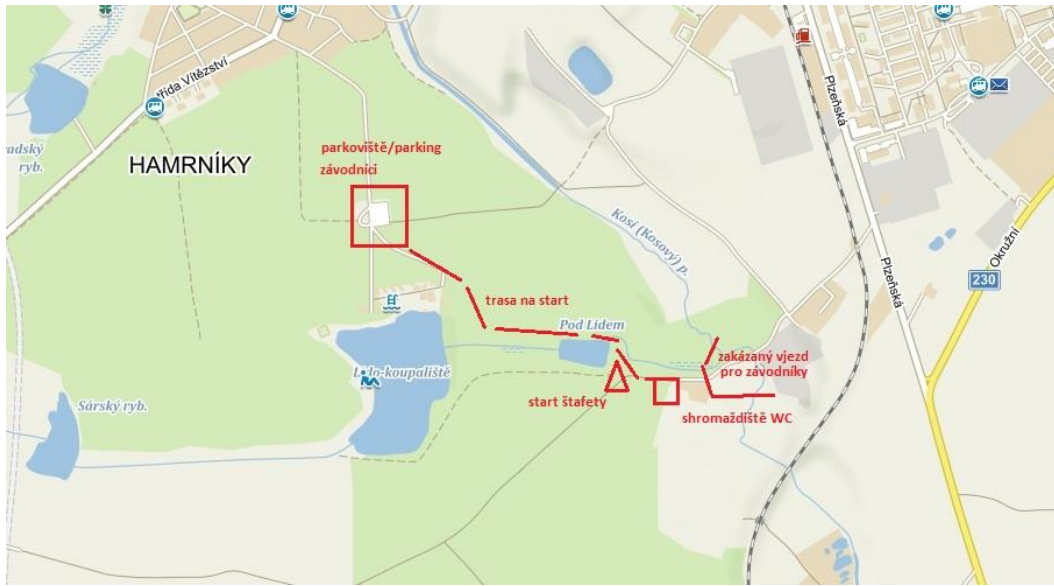
10 = M20

15 = D19 + M40

20 = M14 + D20

25 = MIX

PARKING - ASSEMBLY – RELAY



I. class championship – 144 MHz – classic – Friday, July 6th 2018

Frequencies

TX 1-5 : 144.500 MHz
TX R1-R5 : 145.250 MHz
MO : 144.850 MHz

Map : Výchledy 1:10,000, format A4, state 6/2015, inspection 6/2017, NOT waterproof
Registering device : SportIdent (or perforator – SI malfunction = perforate the map)
Transmitter cycle : 1 min
Limit : 150 min
Start : interval 5 minutes
: start area (assembly) : path Koliba-Krakonoš – see map;
GPS: 49.9756514N, 12.7220439E
Receivers : necessary submit to time -30 min to the start 00
Arrival of the last competitor to start area : - 30 min to the start 00
Start corridor : one for all categories
Corridors length : start to 200 m, finish 300 m (one-sided, ribbons)
Reading of chips : cca 300 m from finish - marked
Distance to start : from event center (Zlatý zámek) cca 1,300 m – only on a marked route, transport of competitors is possible to surroundings of assembly point, however there is no parking

| Category | TX | start to minute | start of 1st competitor in cat. |
|-----------------|-----------------------|------------------------|---|
| D12 | 3 4 M | 00 | 00 |
| M12 | 1 3 M | 00 | 30 |
| D14 | 1 2 4 M | 00 | 00 |
| M14 | 1 2 4 5 M | 00 | 50 |
| D16 | 2 3 4 R5 M | 01 | 01 |
| M16 | R1 R2 4 5 M | 02 | 02 |
| D19 | R1 R2 4 5 M | 04 | 64 |
| M19 | 1 R2 4 5 M | 03 | 03 |
| D20 | R1 2 3 4 R5 M | 01 | 46 |
| M20 | R1 R2 3 4 R5 M | 00 | 00 |
| D35 | 1 R2 3 5 M | 00 | 50 |
| M40 | 1 R2 3 4 R5 M | 04 | 04 |
| D50 | 2 3 4 R5 M | 01 | 01 |
| M50 | R1 2 3 R5 M | 02 | 47 |
| D60 | 1 2 3 4 M | 00 | 00 |
| M60 | 2 3 4 5 M | 00 | 20 |
| M70 | 1 3 4 M | 00 | 00 |

Schedule:

07.30 – 09.00 : breakfast
10.30 : receivers submitting in the start area
11.00 : start 00
11.30 : arrival of the last competitor to the start area
16.00 : supposed end of the competition
17.30 – 19.00 : dinner
19.30 : awarding ceremony of relay and 144 MHz classic

ASSEMBLY POINT 144 MHz



Caution: roads lead through the competition area, be careful when crossing them!

II. class championship – 3,5 MHz – classic – Saturday, July 7th 2018

| | | |
|--------------------|---|------------|
| Frequencies | : TX 1-5 | : 3.52 MHz |
| | : TX R1-R5 | : 3.55 MHz |
| | MO | : 3.60 MHz |
| Map | : Radiovka 1:15,000, format A4, state 7/2015, NOT waterproof | |
| Registering device | : SportIdent (or perforator – SI malfunction = perforate the map) | |
| Relace | : 1 min | |
| Limit | : 150 min | |
| Start | : interval 5 minutes | |
| Start corridor | : one for all categories | |
| Corridor length | : start to 300 m, finish 300 m (one-sided, ribbons) | |
| Reading of chips | : cca 400 m from finish - marked | |
| Distance to start | : cca 500 m from bus stop | |

| Category | TX | start to minute | start of 1st competitor in cat. |
|-----------------|-----------------------|------------------------|---|
| D12 | 1 2 M | 00 | 20 |
| M12 | 1 2 M | 00 | 00 |
| D14 | 1 2 4 M | 00 | 40 |
| M14 | 2 3 5 M | 00 | 00 |
| D16 | 1 2 4 5 M | 00 | 00 |
| M16 | 1 2 3 4 M | 00 | 45 |
| D19 | 2 3 R4 R5 M | 00 | 50 |
| M19 | 1 R2 3 R5 M | 00 | 90 |
| D20 | 1 2 3 4 5 M | 00 | 00 |
| M20 | 1 R2 3 R4 R5 M | 00 | 55 |
| D35 | 1 2 3 R4 M | 00 | 85 |
| M40 | 1 2 3 R4 R5 M | 00 | 90 |
| D50 | 1 2 R4 5 M | 00 | 00 |
| M50 | 1 3 R4 5 M | 00 | 95 |
| D60 | 1 2 3 M | 00 | 20 |
| M60 | 1 3 5 M | 00 | 00 |
| M70 | 1 2 3 M | 00 | 00 |

Schedule:

07.30 – 09.00 – breakfast

09.30 – departure to start – bus no. 1 – to start time 35´

10.00 – departure to start – bus no. 2 – to start time 75´

10.30 – departure to start – bus no. 3 – to start time 115´

11.00 – departure to start – bus no. 4 – from start time 120´

11.00 – start 00 of 3,5 MHz competition

17.30 – 19.00 dinner

19.30 – awarding ceremony of 3,5 MHz competition

20.30 – 21.30 – foxoring training

Bus stop no. 1 for departure: Mariánské Lázně, Masarykova Street – bus stop below Zlatý zámek – marked „BUS ARDF“



Bus stop no. 2 for departure: Velká Hleďsebe, Pohraniční stráž – bus stop below Czech Mail (bus departure – see time above + 5 minut)



Foxoring Czech Republic Championship – Sunday, July 8th 2017

Frequencies

| | |
|----------------|------------|
| TX 1-2 + R1-R2 | : 3.52 MHz |
| TX 3-4 + R3-R4 | : 3.55 MHz |
| TX 5 + R5 | : 3.58 MHz |
| MO | : 3.60 MHz |

Limit : **120 min**

Start : interval 4 minutes

Map : Srnčí hřbet, format A3, M 1:10,000, state 6/2015 (check: spring 2017)
NOT waterproof

Registering device : SportIdent (or perforator – SI malfunction = perforate the map)

Transmitter cycle : none (constant)

Start : start interval 4 minutes

: assembly point of start GPS: 49.9767828N, 12.6973689E

Receivers : by yourself

Arrival of the last competitor to start area: +30 min to the start 00

Distance to start area from event center (Zlatý zámek) cca 800 m, transport of competitors is possible to surroundings of assembly point, limited parking lot (reserved for attenders of the graveyard).

Start corridors : A – D12, D14, D16, M12, M14, M70

: B – D19, D20, D35, D50, D60, M16, M19, M20, M40, M50, M60

Corridors : start to 150 m, finish to 150 m (one-sided, ribbons)

Reading of chips : in the finish area

Submitting of maps : in the finish area into the plastic bags (marked with team abbreviation)
to time of start of last competitor

| Category | TX | start to minute | start of 1st competitor in cat. |
|-----------------|-----------------------------------|------------------------|---|
| D12 | 2 5 R2 R4 M | 00 | 00 |
| M12 | 2 5 R2 R4 M | 00 | 64 |
| D14 | 2 4 5 R4 M | 00 | 24 |
| M14 | 1 2 4 5 R4 M | 03 | 07 |
| D16 | 1 2 5 R3 R4 M | 01 | 01 |
| M16 | 1 2 4 5 R1 R3 M | 03 | 75 |
| D19 | 1 2 3 4 R3 R5 M | 02 | 62 |
| M19 | 1 2 3 4 R1 R3 M | 00 | 100 |
| D20 | 1 2 3 4 5 R3 R4 R5 M | 01 | 01 |
| M20 | 1 2 3 4 5 R1 R2 R3 R4 R5 M | 00 | 00 |
| D35 | 1 2 3 4 R2 R4 M | 02 | 90 |
| M40 | 1 2 3 5 R1 R3 R5 M | 02 | 02 |
| D50 | 1 2 3 4 R4 M | 01 | 41 |
| M50 | 1 3 4 5 R1 R3 M | 03 | 03 |
| D60 | 1 3 4 5 R3 M | 01 | 73 |
| M60 | 1 2 3 4 5 R3 M | 03 | 55 |
| M70 | 1 2 4 5 R3 R4 M | 03 | 03 |

Schedule:

08.00 – 09.00 breakfast

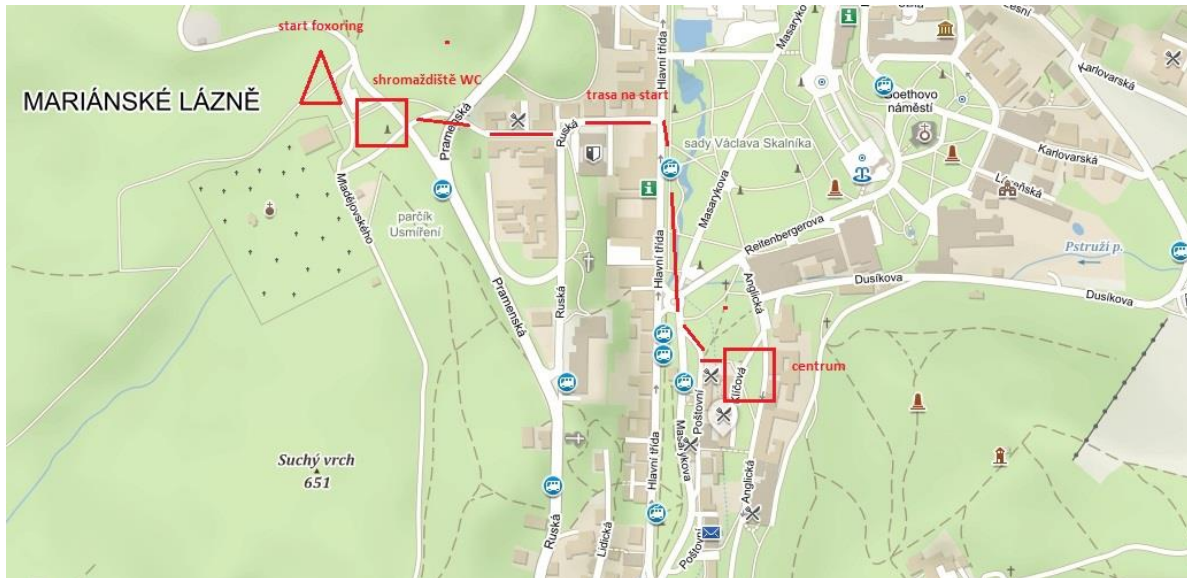
10.00 – arrival of the last competitor to the start area

09.30 – start 00 of foxoring competition

11.30 – 14.00 – lunch

15.00 – awarding ceremony of foxoring, departure

ASSEMBLY FOR FOXORING



The event is supported by **Lesy České republiky s.p.**, which manages forests of competitions areas. The forests are yours too, be thoughtful to them.



Financial support by Město Mariánské Lázně and Asociace ROB ČR.



CAUTION – GIANT HOGWEED – DANGEROUS PLANT

Giant hogweed (*Heracleum mantegazzianum*, see below) is also widely spread around the area (and also within the championship maps) — its sap can cause phytophotodermatitis (severe skin inflammations) when the afflicted skin is exposed to sunlight (or UV).



First aid

If you touch the hogweed (leaf etc.), exposed skin should be cleaned immediately by water and after that be covered and protected against UV light. In case of headache, acid burning, nausea, shivering fit etc. medical health care is recommended.